

Hello NFL Players,

With the 2016 season commencing soon we want to inform you about an important study concerning you and your teammates' physical and mental health and well-being. We all know football is a violent sport that takes a toll both physically and mentally. Also, the stress you put your body and minds through during a season can have detrimental side effects that can last the rest of your life.

If your health and well-being are important to you please sign up for this monumental study on substance use and player health. We know your time is valuable, but the findings we hope to gather from this study will not only help you now during you careers but also insure you have an enjoyable post career also.

Good luck this season!

Jake Plummer

A handwritten signature in black ink, appearing to read 'J. Plummer', with a long horizontal stroke extending to the right.

Eugene Monroe

A handwritten signature in black ink, appearing to read 'Eugene Monroe', with a stylized, cursive script.