

## RESEARCH PAPER

# Cannabidiol inhibits paclitaxel-induced neuropathic pain through 5-HT<sub>1A</sub> receptors without diminishing nervous system function or chemotherapy efficacy

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### Keywords

cannabidiol; paclitaxel; chemotherapy-induced neuropathic pain; CIPN; 5-HT<sub>1A</sub>; breast cancer; cannabinoid; mechanical sensitivity

### Received

10 March 2013

### Revised

12 August 2013

### Accepted

26 August 2013

## BACKGROUND AND PURPOSE

Paclitaxel (PAC) is associated with chemotherapy-induced neuropathic pain (CIPN) that can lead to the cessation of treatment in cancer patients even in the absence of alternate therapies. We previously reported that chronic administration of the non-psychoactive cannabinoid cannabidiol (CBD) prevents PAC-induced mechanical and thermal sensitivity in mice. Hence, we sought to determine receptor mechanisms by which CBD inhibits CIPN and whether CBD negatively effects nervous system function or chemotherapy efficacy.

## EXPERIMENTAL APPROACH

The ability of acute CBD pretreatment to prevent PAC-induced mechanical sensitivity was assessed, as was the effect of CBD on place conditioning and on an operant-conditioned learning and memory task. The potential interaction of CBD and PAC on breast cancer cell viability was determined using the MTT assay.

## KEY RESULTS

PAC-induced mechanical sensitivity was prevented by administration of CBD (2.5 – 10 mg·kg<sup>-1</sup>) in female C57Bl/6 mice. This effect was reversed by co-administration of the 5-HT<sub>1A</sub> antagonist WAY 100635, but not the CB<sub>1</sub> antagonist SR141716 or the CB<sub>2</sub> antagonist SR144528. CBD produced no conditioned rewarding effects and did not affect conditioned learning and memory. Also, CBD + PAC combinations produce additive to synergistic inhibition of breast cancer cell viability.

## CONCLUSIONS AND IMPLICATIONS

Our data suggest that CBD is protective against PAC-induced neurotoxicity mediated in part by the 5-HT<sub>1A</sub> receptor system. Furthermore, CBD treatment was devoid of conditioned rewarding effects or cognitive impairment and did not attenuate PAC-induced inhibition of breast cancer cell viability. Hence, adjunct treatment with CBD during PAC chemotherapy may be safe and effective in the prevention or attenuation of CIPN.

## Abbreviations

CB, cannabinoid; CBD, cannabidiol; CI, combination index; CIPN, chemotherapy-induced peripheral neuropathy; CPP, conditioned place preference; CRM, cremophor; PAC, paclitaxel; THC, tetrahydrocannabinol; TRPV, transient receptor potential vanilloid

## Introduction

Chemotherapy-induced peripheral neuropathy (CIPN) is a serious dose-limiting side effect associated with several commonly used chemotherapeutic agents, including taxanes, platinum agents and vinca alkaloids. CIPN occurs in 30–40% of patients but incidences can approach 75% with certain regimens. Common peripheral sensory symptoms include paresthesias and dysesthesias, pain, numbness and tingling, and sensitivity to touch and temperature. Motor symptoms include weakness and gait and balance disturbances (Visovsky *et al.*, 2007). In most cases, CIPN is only partially reversible with cessation of treatment and in the worst cases damage can be permanent. To date, no one drug or drug class is considered to be safe and effective for treatment of CIPN (Lynch *et al.*, 2004), making the identification of alternative effective analgesics a crucial medical need.

The exact mechanism of CIPN has not been fully elucidated and can differ across classes of chemotherapeutic agents. In general, these agents can affect cellular microtubules, disrupt mitochondrial function or impair DNA synthesis. Such assaults on peripheral nerves can lead to sensitization and spontaneous activity of these fibres (Xiao and Bennett, 2008), alteration of voltage-gated sodium and transient receptor potential vanilloid (TRPV) channel activity and expression (Adelsberger *et al.*, 2000; Gauchan *et al.*, 2009), dorsal column ascending fibre pathology (Cavaletti *et al.*, 1995), and infiltration of activated microglia and release of pro-inflammatory cytokines (Hu and McLachlan, 2002), ultimately leading to ascending pain pathway sensitization (Peters *et al.*, 2007). Functional changes to the descending inhibitory pain pathway can also result, altering noradrenaline and 5-HT signalling and further amplifying the effects of central sensitization (Baron *et al.*, 2010).

Cannabinoids suppress neuropathic pain induced by traumatic nerve injury, toxic insults and metabolic changes (for review, see Guindon and Hohmann, 2008). The mixed CB<sub>1</sub>/CB<sub>2</sub> agonist WIN55,212-2 suppresses neuropathic nociception induced by the chemotherapeutic agent paclitaxel (PAC) through a CB<sub>1</sub>-specific mechanism (Pascual *et al.*, 2005). WIN55,212-2 also suppresses vincristine-induced neuropathy through activation of both CB<sub>1</sub> and CB<sub>2</sub> receptors (Rahn *et al.*, 2007). Activation of CB<sub>2</sub> receptors partially attenuates vincristine-induced neuropathy (Rahn *et al.*, 2007) and fully attenuates PAC-induced neuropathy (Rahn *et al.*, 2008; Deng *et al.*, 2012) in rats. In humans, several studies have demonstrated anti-neuropathic effects of whole cannabis,  $\Delta^9$ -tetrahydrocannabinol (THC), or its synthetic analogues nabilone or dronabinol (Pinsger *et al.*, 2006; Skrabek *et al.*, 2008; Ware *et al.*, 2010). However, several reports describe these effects as modest, while others have reported negative results (Wade *et al.*, 2004; Johnson *et al.*, 2010). Importantly, patients in the vast majority of studies also report several

adverse events such as dizziness, dryness, sedation, disorientation and decreased concentration, and while these were not categorized as serious they probably limit the tolerability and compliance with such treatments.

One of the more successful cannabis-based pharmaceuticals for the treatment of pain is the buccal spray Sativex [1:1 formulation of THC and the phytocannabinoid cannabidiol (CBD)], approved in the EU and Canada for treatment of multiple sclerosis spasticity, with an additional license in Canada for use in multiple sclerosis-associated neuropathic pain and cancer pain. Sativex has recently entered directly into US late-stage trials because of its promising therapeutic uses, and has shown pain-relieving effects in two recent clinical trials: one for cancer pain (Johnson *et al.*, 2010) and one for neuropathic pain associated with multiple sclerosis (Langford *et al.*, 2013). However, the psychoactive side effects of Sativex mediated by THC may limit its broader utility in the clinic. For example, THC and Sativex have been determined to produce similar subjective and physiological effects (Johnson *et al.*, 2010; Karschner *et al.*, 2011). However, mounting preclinical evidence now demonstrates that CBD alone has anti-neuropathic effects (Costa *et al.*, 2007; Toth *et al.*, 2010; Xiong *et al.*, 2012; see Fernández-Ruiz *et al.*, 2013 for review). To date, no clinical trials have yet commenced to study the efficacy of the non-psychoactive CBD as a monotherapy for the treatment of neuropathic pain. We have recently reported that 14 days of administration of CBD prevents the onset of PAC-induced mechanical and thermal sensitivity in a female mouse model of CIPN (Ward *et al.*, 2011).

In the present set of experiments, we aimed to determine whether sub-chronic dosing regimen of CBD would prevent PAC-induced mechanical sensitivity while also determining whether this effect is mediated by activation of 5-HT<sub>1A</sub> receptors. CBD binds to the 5-HT<sub>1A</sub> receptor as an agonist with micromolar affinity (Russo *et al.*, 2005), and research has demonstrated potent anti-neuropathic effects with 5-HT<sub>1A</sub> agonists (e.g. Colpaert, 2006). Indeed, intra-periaqueductal grey injection of CBD produces dose-dependent antinociception that is blocked by co-administration of the 5-HT<sub>1A</sub> antagonist WAY100635 (Maione *et al.*, 2011). Lastly, we also sought to determine whether treatment with CBD would have any effects on conditioned reward, learning and memory, and the inhibitory activity of PAC on breast cancer cell viability.

## Methods

Animals. Female C57Bl/6 mice weighing 16–20 g (Taconic Farms, Cranbury, NJ, USA; Jackson Labs, Chicago, IL, USA) were acclimatized to the temperature- and humidity-controlled vivarium and housed in groups of four for at least 5 days before initiation of behavioural studies. Artificial

lighting provided a reverse 12 h light/dark cycle (lights off 10:00 h). The animals had free access to dietary food and water except where noted. The total number of animals used was 240 and the procedures used were as humane as possible and complied with the guidelines of the Temple University Institutional Animal Care and Use Committee. All studies involving animals are reported in accordance with the ARRIVE guidelines for reporting experiments involving animals (Kilkenny *et al.*, 2010; McGrath *et al.*, 2010).

Drugs. PAC solution [Teva Parenteral Medicines: dissolved in 1:1 mixture of alcohol and cremophor (CRM)] was obtained from Temple University Hospital Cancer Center (Philadelphia, PA, USA). For cell viability studies in breast cancer cell lines, PAC was obtained from Sigma (St. Louis, MO, USA). CBD, morphine sulfate, and the CB<sub>1</sub> (SR141716A) and CB<sub>2</sub> receptor (SR144528) antagonist were provided by the National Institute on Drug Abuse drug supply program (Bethesda, MD, USA). WAY100635 was purchased from RBL. PAC was diluted in 0.9% saline. CBD was dissolved in a 1:1 mixture of ethanol and CRM (Sigma-Aldrich, St. Louis, MO, USA) and diluted with saline to a final ratio of 1:1:18 (ethanol : CRM : saline). Morphine and WAY100635 were dissolved in 0.9% saline. All injections were given i.p. in a volume of 10  $\mu\text{L}\cdot\text{g}^{-1}$  of body weight.

### Mechanical allodynia

In the first set of experiments, mechanical allodynia was assessed in five groups of mice ( $n = 8$  per group) using von Frey monofilaments of varying forces (0.07–4.0 g) applied to the mid-plantar surface of the right hind paw, with each application held in c-shape for 6 s using the up-down method of Dixon (1980). Mice were placed in individual Plexiglas compartments (Med Associates, St. Albans, VT, USA) on top of a wire grid floor suspended 20 cm above the laboratory bench top and acclimatized to the environment for 15 min before each test session. Baseline sensitivity to the monofilaments was assessed 1 day before the start of drug administration and continued weekly for 10 weeks. On experimental days 1, 3, 5 and 7, mice received the following two i.p. injections, spaced 15 min apart: group 1 – CRM vehicle, CRM vehicle; group 2 – CRM vehicle, 4.0 mg·kg<sup>-1</sup> PAC; group 3 – CRM vehicle, 8.0 mg·kg<sup>-1</sup> PAC; group 4 – 2.5 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC; 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC. Mechanical allodynia was not assessed on injection days. PAC and CBD doses were based on significant findings from Ward *et al.* (2011).

In the second set of experiments, mechanical allodynia was assessed in an identical manner to that described above. Four groups of mice were treated on experimental days 1, 3, 5 and 7 with three i.p. injections spaced 15 min apart: group 1 – saline, CRM vehicle, CRM vehicle; group 2 – saline, CRM vehicle, 8.0 mg·kg<sup>-1</sup> PAC; group 3 – saline, 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC; group 4 – 1.0 mg·kg<sup>-1</sup> WAY100635, 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC. Dose of WAY100635 was based on several studies investigating blockade of 5-HT<sub>1A</sub> agonist-mediated behavioural pharmacological effects (e.g. Hagiwara *et al.*, 2008).

In the third set of experiments, mechanical allodynia was assessed 1 day before the start of drug administration and on day 15 following the first injections. Five groups of mice were treated on experimental days 1, 3, 5 and 7 with three i.p. injections spaced 15 min apart: group 1 – saline, CRM

vehicle, CRM vehicle; group 2 – saline, CRM vehicle, 8.0 mg·kg<sup>-1</sup> PAC; group 3 – saline, 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC; group 4 – 3.0 mg·kg<sup>-1</sup> SR141716, 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC; group 5 – 3.0 mg·kg<sup>-1</sup> SR144528, 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC. Doses of SR141716 and SR144528 were based on several studies investigating blockade of CB<sub>1</sub> and CB<sub>2</sub> agonist-mediated effects respectively (Rahn *et al.*, 2007; 2008).

### Place conditioning

The conditioned rewarding effects of CBD and morphine were assessed using a standard mouse place conditioning procedure and Med Associates mouse three compartment place conditioning chambers (MED-CPP-3013). Mice received vehicle or morphine (2.5–10 mg·kg<sup>-1</sup>, i.p.; 15 min pretreatment) or vehicle or CBD (2.5–10 mg·kg<sup>-1</sup>, i.p.; 30 min pretreatment) on alternate days for 30 min conditioning sessions for 6 successive days. Vehicle injections were paired with the black compartment and the drug injections with the white compartment of the conditioned place preference (CPP) apparatus. On day 7, test sessions were conducted where mice in a drug-free state had 30 min free access to all chambers following an initial 5 min acclimation in the central grey compartment. The time spent in the drug- and vehicle-paired compartments was recorded on the test day and the data are presented as time spent in the drug-paired compartment.

### Autoshaping

The effect of CBD (2.0–20 mg·kg<sup>-1</sup>, i.p.) on acquisition and retention of a conditioned learning task was assessed using a modified autoshaping procedure and Med Associates mouse operant conditioning chambers (ENV 307W) as described in Foley *et al.* (2008). Briefly, mice were weighed and food-restricted for 24 h before the experimental session. On the acquisition day, mice were placed inside a standard mouse experimental chamber, and the availability of a sweet liquid reinforcer (50% vanilla Ensure in tap water; Abbott Laboratories, Columbus, OH, USA) under a variable interval schedule was signalled by a tone. The mouse was reinforced with the vanilla Ensure if it made a nose-poke response into a centre dipper receptacle during an 8 s period following the tone. Each acquisition session lasted for 2 h or until 20 reinforced nose pokes were recorded. For the retention test, mice were placed back into the chambers 24 h following the acquisition session under the same conditions. In the present experiment, mice were pretreated with vehicle or CBD 30 min before the acquisition session.

### Cell culture and treatments

The mouse and human breast cancer cell lines used were 4T1 (obtained from ATCC) and MDA-MB231-luc-D3H2LN (obtained from Caliper; Jenkins *et al.*, 2005) cells respectively. Cell lines were maintained at 37°C and 5% CO<sub>2</sub>. In all experiments, the different cell populations were first cultured in RPMI media containing 10% FBS. Cells were then seeded into 96-well plates in 10% FBS and on the first day of treatment the media was replaced with vehicle control or drug in RPMI and 0.1% FBS as previously reported (McAllister *et al.*, 2005). The media with the appropriate compounds were replaced every 24 h.

## MTT assay

Assays were performed as previously described (McAllister *et al.*, 2007). Cell viability (%) was calculated as the MTT absorbance of the treated cells/control cells  $\times$  100.

## Pharmacological and statistical analyses

IC<sub>50</sub> values were calculated using CompuSyn (Paramus, NJ, USA). To test for synergism, the combination index (CI) was also calculated using CompuSyn where CI <1, = 1 and >1 indicates synergism, additive effect and antagonism, respectively, as previously described (Chou *et al.*, 1993; Chou, 2006) and as previously published by our group (Marcu *et al.*, 2010). Based on the classic isobologram for mutually exclusive effects relative to the end point of measurement, the CI value for x % inhibition is calculated as:  $CI = (D)_1/(Dx)_1 + (D)_2/(Dx)_2$ .

(D)<sub>1</sub> PAC; (D)<sub>2</sub> represents CBD; (Dx)<sub>1</sub> and (Dx)<sub>2</sub> are the doses for x% growth that can be obtained using the IC<sub>50</sub> equation described above. (D)<sub>1</sub> and (D)<sub>2</sub> are the concentrations in the combination which also inhibit cell growth by x % (Chou *et al.*, 1993).

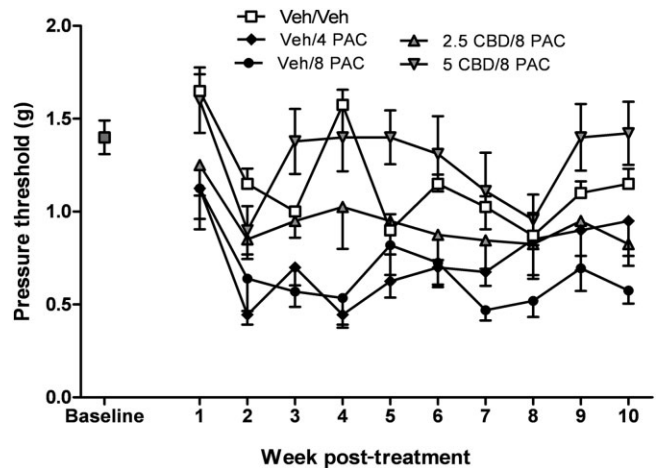
## Results

### Mechanical allodynia

Treatment with either 4.0 or 8.0 mg·kg<sup>-1</sup> PAC on alternating days for a total of four injections produced mechanical sensitivity in female C57Bl/6 mice. Peak sensitivity was achieved by week 2 post-treatment and lasted for the full 10 weeks of the study for the 8.0 mg·kg<sup>-1</sup> PAC dose. Co-administration of either 2.5 or 5.0 mg·kg<sup>-1</sup> CBD 15 min prior to each PAC injection prevented PAC-induced mechanical sensitivity. Two-way ANOVA revealed significant main effects of treatment [ $F(4, 310) = 27.71, P < 0.0001$ ] and time [ $F(9, 310) = 5.001, P < 0.001$ ] and no significant interaction ( $F < 1.0$ ). Bonferroni post-tests revealed a significant increase in sensitivity in both the 4.0 and 8.0 mg·kg<sup>-1</sup> PAC groups compared with Veh/Veh. In contrast, the PAC groups pretreated with either 2.5 or 5.0 mg·kg<sup>-1</sup> CBD were not significantly different from Veh/Veh in their mechanical sensitivity (Figure 1).

Additional administration of the 5-HT<sub>1A</sub> antagonist WAY 100635 (1.0 mg·kg<sup>-1</sup>) before PAC and CBD treatment attenuated the reversal of PAC-induced mechanical sensitivity by CBD. Two-way ANOVA revealed significant effects of treatment [ $F(3, 280) = 24.66, P < 0.0001$ ] and time [ $F(9, 280) = 5.058, P < 0.001$ ] and no significant interaction ( $F < 1.0$ ). Bonferroni post-test revealed a significant increase in the sensitivity of the PAC group and the WAY/CBD/PAC groups compared with Veh/Veh/Veh. In contrast, the Veh/CBD/PAC group did not differ significantly from the Veh/Veh/Veh group on mechanical sensitivity (Figure 2).

Conversely, additional administration of either the CB<sub>1</sub> antagonist SR141716 (3.0 mg·kg<sup>-1</sup>) or the CB<sub>2</sub> antagonist SR144528 (3.0 mg·kg<sup>-1</sup>) had no effect on the reversal of PAC-induced mechanical sensitivity by CBD as measured on day 15 post-initiation of treatment. One-way ANOVA revealed a significant effect of treatment [ $F(8, 79) = 7.647, P < 0.05$ ]. Dunnett's multiple comparison test determined that only the Veh/Veh/PAC, WAY/CBD/PAC, SR1/Veh/PAC and SR2/Veh/PAC groups were statistically different from the Veh/Veh/Veh



**Figure 1**

Effect of CBD pretreatment (2.5, 5.0 mg·kg<sup>-1</sup>, i.p.) on PAC-induced mechanical allodynia in female C57Bl/6 mice. Baseline sensitivity to von Frey filaments was assessed on the day before drug administration and continued weekly for 10 weeks. Mice received the following two i.p. injections spaced 15 min apart on days 1, 3, 5 and 7: CRM vehicle, CRM vehicle; CRM vehicle, 4.0 mg·kg<sup>-1</sup> PAC; CRM vehicle, 8.0 mg·kg<sup>-1</sup> PAC; 2.5 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC; 5.0 mg·kg<sup>-1</sup> CBD, 8.0 mg·kg<sup>-1</sup> PAC. Two-way ANOVA revealed significant main effects of treatment [ $F(4, 310) = 27.71, P < 0.0001$ ] and time [ $F(9, 310) = 5.001, P < 0.001$ ] and no significant interaction ( $F < 1.0$ ). Bonferroni post-tests revealed a significant increase in sensitivity in both the 4.0 and 8.0 mg·kg<sup>-1</sup> PAC groups compared with Veh/Veh. In contrast, the PAC groups pretreated with either 2.5 or 5.0 mg·kg<sup>-1</sup> CBD were not significantly different from Veh/Veh in their mechanical sensitivity. X-axis: time points pre- or post-day first injection. Y-axis: threshold pressure to elicit hind paw withdrawal from von Frey filament. Data points represent the mean and SEM,  $n = 8$  per group.

control group ( $P < 0.05$ ), showing significant mechanical allodynia (Figure 3). Furthermore, the ability of WAY to block CBD's anti-allodynic effect could not be attributed to the effect of WAY alone on PAC-induced mechanical sensitivity, as WAY itself did not potentiate the effect of PAC alone (WAY/Veh/PAC).

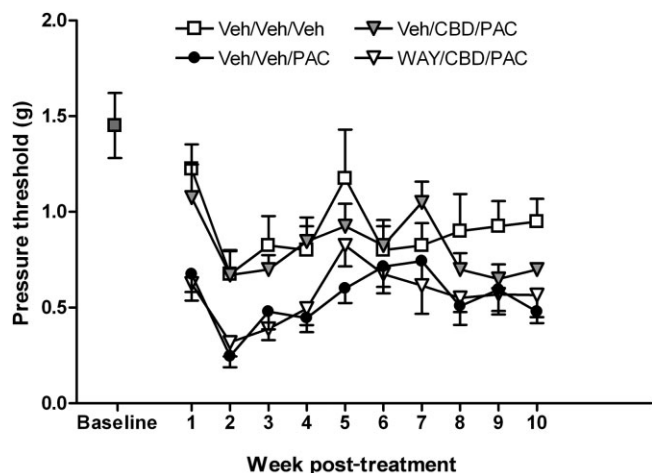
### Place conditioning and autoshaping

There was no effect of CBD on time spent in the white, CBD-paired compartment compared with CRM vehicle control, although there was a trend towards a decrease in the time spent in the CBD-paired compartment at the highest dose tested. One-way ANOVA revealed no significant effect of treatment [ $F(3, 31) = 2.477, n.s.$ ]. By comparison, morphine treatment significantly increased the time spent in the white, morphine-paired compartment compared with saline vehicle control [ $F(3, 30) = 15.66, P < 0.0001$ ] (Figure 4). Furthermore, CBD treatment had no effect on the time to earn 10 reinforcers during the acquisition [ $F(3, 32) < 1$ ] or retention [ $F(3, 25) = 1.692, n.s.$ ] sessions (Figure 5).

### CBD enhances PAC inhibition of breast cancer cell viability

Multiple studies now show that CBD can act as a direct antitumor agent against aggressive cancers (Massi *et al.*,

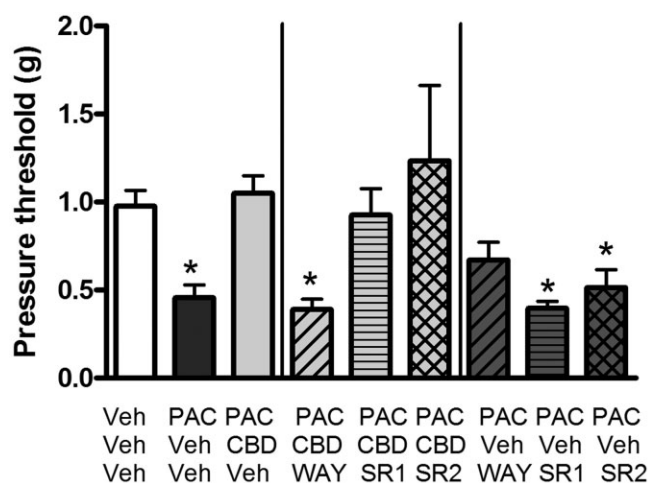




**Figure 2**

Effect of WAY100635 pretreatment ( $1.0 \text{ mg}\cdot\text{kg}^{-1}$ , i.p.) on CBD prevention of PAC-induced mechanical allodynia in female C57Bl/6 mice. Baseline sensitivity to von Frey filaments was assessed on the day before drug administration and continued weekly for 10 weeks. Mice received the following three i.p. injections spaced 15 min apart on days 1, 3, 5 and 7: saline, CRM vehicle, CRM vehicle; saline, CRM vehicle,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC; saline,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  WAY100635,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC. Two-way ANOVA revealed significant effects of treatment [ $F(3, 280) = 24.66$ ,  $P < 0.0001$ ] and time [ $F(9, 280) = 5.058$ ,  $P < 0.001$ ] and no significant interaction ( $F < 1.0$ ). Bonferroni post-test revealed a significant increase in the sensitivity of the PAC group and the WAY/CBD/PAC groups compared with Veh/Veh/Veh. In contrast, the Veh/CBD/PAC group did not differ significantly from the Veh/Veh/Veh group on mechanical sensitivity. X-axis: time points pre- or post-day first injection. Y-axis: threshold pressure to elicit hind paw withdrawal from von Frey filament. Data points represent the mean and SEM,  $n = 8$  per group.

2013). Therefore, there is the potential for CBD to produce synergistic, additive or antagonist effects when combined with PAC. We studied these potential interactions by evaluating the effects of the drugs alone and in combination on breast cancer cell viability. 4T1 and luciferase-labelled MDA-MB231-luc-D3H2LN (LN 231) cells were treated for 2 days with a range of concentrations of either PAC or CBD and the ability of the drugs to inhibit cell viability was assessed using the MTT assay (Figure 6A). In this assay, CBD was more potent than PAC at inhibiting cell viability and CBD acted as a full agonist whereas PAC acted as a partial agonist. PAC could not fully inhibit cell viability even up to concentration of  $50 \mu\text{M}$ . PAC began to precipitate out of solution in the MTT assay at the higher concentration range which precluded us from further concentrating the drug. The average values from the concentration response curves which were then used to derive medium-effect plot parameters including the dose-reduction index were calculated (Table 1). Using the calculated  $\text{IC}_{50}$  values, various dose ratios of CBD and PAC were combined in both 4T1 and LN 231 cells and viability was evaluated (Figure 6B and C). The use of higher dose ratios was limited by the solubility of PAC; however, this did not affect the calculation of a CI. As shown in Figure 6D, the combination of CBD and PAC led to an additive and



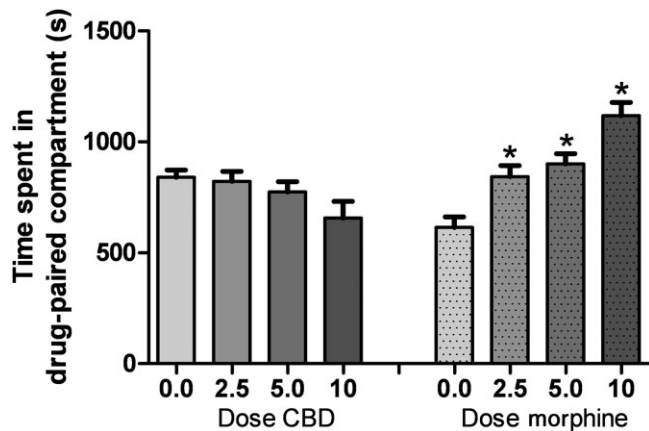
**Figure 3**

Effect of  $\text{CB}_1$  (SR141716; SR1) or  $\text{CB}_2$  (SR144528; SR2) receptor antagonism on CBD prevention of PAC-induced mechanical allodynia in female C57Bl/6 mice. Sensitivity to von Frey filaments was assessed on day 15 post-treatment. Mice received the following three i.p. injections spaced 15 min apart on days 1, 3, 5 and 7: saline, CRM vehicle, CRM vehicle; saline, CRM vehicle,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC; saline,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  WAY,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $3.0 \text{ mg}\cdot\text{kg}^{-1}$  SR141716,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $3.0 \text{ mg}\cdot\text{kg}^{-1}$  SR144528,  $5.0 \text{ mg}\cdot\text{kg}^{-1}$  CBD,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $1.0 \text{ mg}\cdot\text{kg}^{-1}$  WAY, CRM,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $3.0 \text{ mg}\cdot\text{kg}^{-1}$  SR141716, CRM,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC;  $3.0 \text{ mg}\cdot\text{kg}^{-1}$  SR144528, CRM,  $8.0 \text{ mg}\cdot\text{kg}^{-1}$  PAC. One-way ANOVA revealed a significant effect of treatment [ $F(8, 79) = 7.647$ ,  $P < 0.05$ ]. Dunnett's multiple comparison test determined that only the Veh/Veh/PAC, WAY/CBD/PAC, SR1/Veh/PAC and SR2/Veh/PAC groups were statistically different from the Veh/Veh/Veh control group ( $P < 0.05$ ). X-axis: treatment. Y-axis: threshold pressure to elicit hind paw withdrawal from von Frey filament. Data points represent the mean and SEM,  $n = 8$  per group.

synergistic inhibition of cell viability in 4T1 and LN 231 cells respectively.

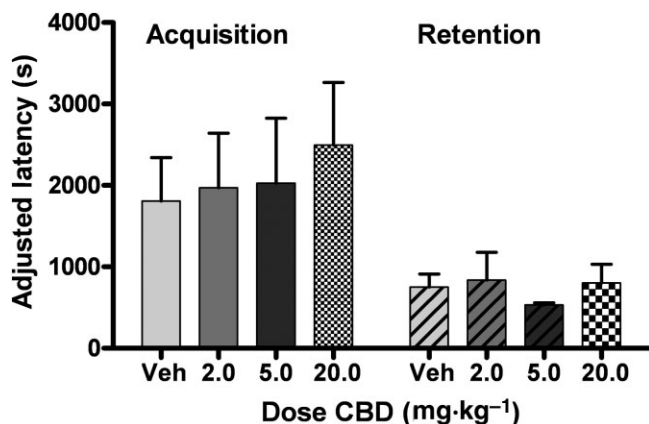
## Discussion

We had previously reported that a 14 day dosing regimen of CBD ( $5.0$  and  $10 \text{ mg}\cdot\text{kg}^{-1}$ ) prevented the onset of PAC-induced mechanical and thermal sensitivity (Ward *et al.*, 2011). In the present study, we determined that both  $2.5$  and  $5 \text{ mg}\cdot\text{kg}^{-1}$  CBD treatment, administered only before each of the four PAC injections of a standard dosing regimen for inducing CIPN in rodents, also prevents the development of PAC-induced mechanical sensitivity in female C57Bl/6 mice. The present study further demonstrated that  $5\text{-HT}_{1A}$  receptors are partially involved in the neuroprotective effect of CBD in this model, in that co-administration of the  $5\text{-HT}_{1A}$  antagonist blocked the preventive effect of CBD on PAC-induced mechanical sensitivity. In contrast, neither the  $\text{CB}_1$  antagonist SR141716 nor the  $\text{CB}_2$  antagonist SR144528 affected the efficacy of CBD, suggesting its neuroprotective effect was not mediated by activation of  $\text{CB}_1$  or  $\text{CB}_2$  receptors. Furthermore,



**Figure 4**

Ability of CBD (2.5–10 mg·kg<sup>-1</sup>, i.p.) or morphine (2.5–10 mg·kg<sup>-1</sup>, i.p.) to produce place conditioning in female C57Bl/6 mice. Mice received vehicle or morphine (2.5–10 mg·kg<sup>-1</sup>, i.p.; 15 min pretreatment) or vehicle or CBD (2.5–10 mg·kg<sup>-1</sup>, i.p.; 30 min pretreatment) on alternate days for 30 min conditioning sessions for 6 successive days. One-way ANOVAs revealed no significant effect of CBD treatment [ $F(3, 31) = 2.477$ , n.s.] and a significant effect of morphine treatment on time spent in the white compartment compared with saline vehicle control [ $F(3, 30) = 15.66$ ,  $P < 0.0001$ ]. X-axis: treatment. Y-axis: the time spent in the drug-paired (white) compartment on the treatment-free test day.



**Figure 5**

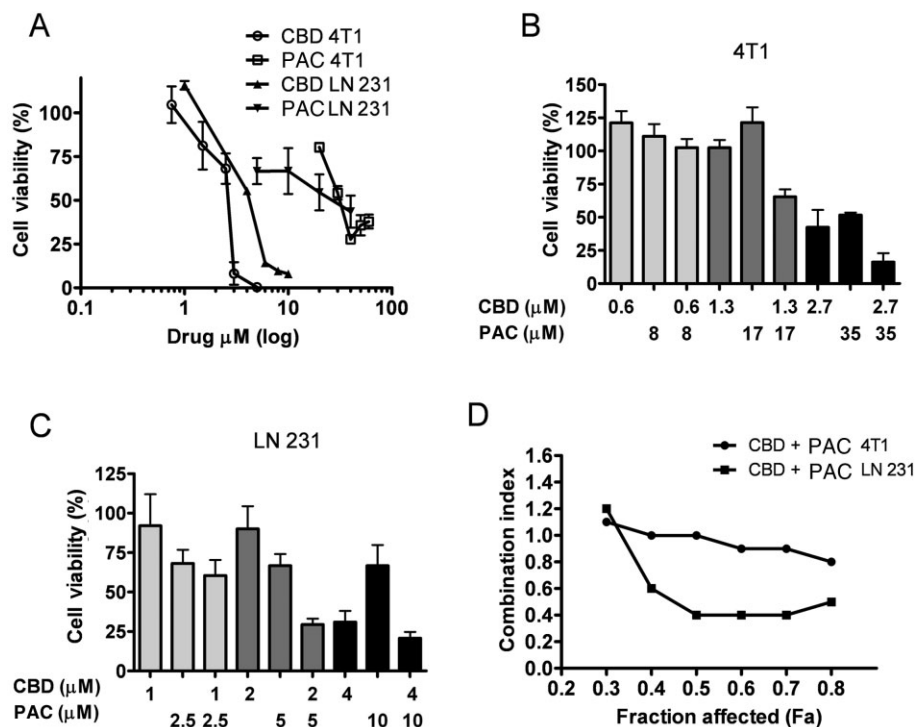
Effect of CBD administration (2.5–20 mg·kg<sup>-1</sup>, i.p.) on acquisition and retention of a conditioned food reward task. Nose-poke responses are reinforced when made within 8 s following a tone signalling availability of the sweet liquid reinforcer (50% vanilla Ensure in tap water). Each session lasted for 2 h or until 20 reinforced nose pokes were recorded. CBD treatment had no effect on the time to earn 10 reinforcers during the acquisition [ $F(3, 32) < 1$ ] or retention [ $F(3, 25) = 1.692$ , n.s.] sessions. X-axis: treatment. Y-axis: the time elapsed between the first earned reinforcer and the tenth reinforcer.

treatment with the antagonists alone did not further exacerbate PAC-induced mechanical sensitivity. In addition, CBD did not produce conditioned rewarding effects using the place conditioning procedure, nor did it produce deficits in

acquisition or retention of an operant learning task using the autoshaping procedure. Lastly, CBD did not attenuate the anti-neoplastic effect of PAC on breast cancer cells in culture. Indeed, at optimal concentrations, CBD + PAC combinations produce additive to synergistic inhibition of breast cancer cell viability.

Cannabinoids represent a promising pharmacotherapeutic strategy for treatment of neuropathic pain considering that available alternatives are not always successful in the clinic. A putative role for cannabinoids in the amelioration of established PAC-induced CIPN has recently been demonstrated. Pascual *et al.* (2005) showed that the non-selective cannabinoid agonist WIN 55,212-2 reduced an established thermal hyperalgesia and tactile allodynia 22 days post-PAC treatment in rats, and that this effect was blocked by the CB<sub>1</sub> antagonist SR141716, suggesting the involvement of the CB<sub>1</sub> receptor; the potential participation of the CB<sub>2</sub> receptor in mediating this effect, however, was not investigated. The anti-neuropathic efficacy of non-selective CB agonist therapies, including the THC : CBD combination Sativex, appears promising; nonetheless, unwanted side effects, mainly the production of psychoactivity produced through activation of CB<sub>1</sub> receptors, remain a hindrance to their wider use (Johnson *et al.*, 2010; Karschner *et al.*, 2011; but see Langford *et al.*, 2013). The efficacy and safety of CB<sub>2</sub> selective agents in humans for treatment of neuropathic pain remain to be determined. Activation of CB<sub>2</sub> receptors has been shown to suppress established chemotherapy-induced CIPN in rats (Naguib *et al.*, 2008; Rahn *et al.*, 2008; Deng *et al.*, 2012). In the study of Rahn *et al.*, CB<sub>2</sub> agonist administration was most effective at 30 min post-injection, with mechanical sensitivity re-emerging 60 min following agonist administration, suggesting that repeated administration would be necessary to treat the CIPN symptoms in the long term.

Based on growing preclinical literature, the myriad of CBD's pharmacological effects, from anti-neuropathic to anxiolytic and antipsychotic, may be mediated through either CB receptor-dependent and independent mechanisms or combinations thereof (Izzo *et al.*, 2009). It is important from both a basic science mechanistic as well as drug discovery perspective to identify which of these are necessary and/or sufficient for CBD's anti-neuropathic effects specifically. In the present study, we demonstrated that activation of 5-HT<sub>1A</sub> receptors is necessary for the protective effect of CBD against PAC-induced neuropathic pain, in that pretreatment with WAY100635 blocked this effect. CBD acts as a direct agonist at 5-HT<sub>1A</sub> receptors (Russo *et al.*, 2005; Alves *et al.*, 2010), and activation of the 5-HT<sub>1A</sub> receptor in the rostroventromedial medulla plays an important role in modulating the descending inhibitory pain pathway (Colpaert, 2006; Viisanen and Pertovaara, 2010). Importantly, 5-hydroxytryptaminergic drugs presently represent one of the only drug classes showing efficacy in the treatment of neuropathic pain in human clinical trials (Finnerup *et al.*, 2010). 5-HT<sub>1A</sub> agonism has also been shown to be neuroprotective via attenuation of microglial activation and oxidative stress (Collier *et al.*, 2011a,b), two immune alterations relevant to CIPN. Results from the present study failed to show a role for CB<sub>1</sub> or CB<sub>2</sub> receptor activation in CBD's anti-neuropathic effect. Although CBD has no appreciable affinity for CB<sub>1</sub> or CB<sub>2</sub> receptors, some evidence suggests that it can



**Figure 6**

Treatments combining CBD and PAC produce additive to synergistic inhibition of breast cancer cell viability. Cell viability was measured using the MTT assay. (A) 4T1 and MDA-MB231-luc-D3H2LN (LN 231) cells were treated for 2 days with vehicle, CBD or PAC. Specific dose ratios of CBD and Pac were then combined in (B) 4T1 and (C) MDA-MB231-luc-D3H2LN cells. Cell viability (%) was calculated as the MTT product absorbance in the treated cells/control cells  $\times$  100. These data were used to calculate (D) CI values as described in Methods. A CI value of  $<1$ , 1 and  $>1$  indicates synergism, additivity and antagonism respectively (Chou *et al.*, 1993). Data are the mean of at least three independent experiments; bars,  $\pm$ SEM.

**Table 1**

Calculated median-effect plot parameters and DRI for drugs and drug combinations

Cell line	Chemotherapy	Median-effect plot parameters			DRI
		Dm	m	r	50% inhibition
4T1	CBD	2.7 $\mu\text{M}$	2.5	0.98	2.0
	PAC	35 $\mu\text{M}$	1.8	0.86	
	CBD + PAC	18 $\mu\text{M}$	3.0	0.99	
LN 231	CBD	4.1 $\mu\text{M}$	3.2	0.99	15
	Pac	51 $\mu\text{M}$	0.3	0.92	
	CBD + PAC	5.0 $\mu\text{M}$	2	1.0	

The median-effect dose (Dm), slope (m), linear correlation coefficient (r) and DRI (dose-reduction index) for drugs were calculated using Compusyn.

act as an indirect CB agonist via enhancement of eCB levels (Bisogno *et al.*, 2001; Campos *et al.*, 2013). However, our results are in agreement with the previous report by Comelli *et al.* (2008) demonstrating that CBD's anti-hyperalgesic effect did not involve CB<sub>1</sub> and CB<sub>2</sub> receptors. Others have shown that neither CB<sub>1</sub> nor CB<sub>2</sub> receptor activation was involved in CBD's neuroprotective (Sagredo *et al.*, 2007; 2011) or anti-inflammatory (Costa *et al.*, 2004) effects in

other rodent models, whereas CBD-induced tail flick analgesia was blocked by co-administration of the CB<sub>1</sub> antagonist SR141716 (Maione *et al.*, 2011). CB<sub>1</sub> receptor involvement in the pharmacological effects of CBD on non-nociceptive behaviours has also been reported (Casarotto *et al.*, 2010; Do Monte *et al.*, 2013). Additionally, CBD binds with moderate affinity to TRPV1 (vanilloid) receptors and important nociceptive modulators, and anti-neuropathic effects of CBD have

been shown to depend upon TRPV1 activation (Comelli *et al.*, 2008), while acute antinociceptive effects have not (Maione *et al.*, 2011). Taken together with these other findings, our results suggest that specific pharmacological effects of CBD, such as its activity at 5-HT<sub>1A</sub> and TRPV1 receptors, mediate CBD's anti-neuropathic effects, while its activity at other targets, including CB receptors, may be more important for other actions.

A novel strategy investigated in the present study is that of assessing the ability of CB-based pharmacotherapy to prevent the development of PAC-induced mechanical sensitivity as opposed to acutely reversing it. Other studies have demonstrated the ability of agents from other drug classes, including anticonvulsants (Xiao *et al.*, 2007), antidepressants (Xiao *et al.*, 2008) and opioids (Rahn *et al.*, 2008), to reduce CIPN symptoms in rodents, but to date no one drug or drug class is considered to be effective for reversal of CIPN (Lynch *et al.*, 2004). CIPN represents a neuropathic pain state with the unique possibility of aiming to prevent its onset with effective adjunctive treatment, as opposed to only attempting to reverse its symptoms following its onset. However, such investigations into prevention of PAC-induced CIPN in rodents are few. Interestingly, CBD has also recently been reported to protect against the onset of type I diabetic peripheral neuropathic pain (Toth *et al.*, 2010), hepatic ischaemia/reperfusion injury (Mukhopadhyay *et al.*, 2011), and retinal inflammation and degeneration (El-Remessy *et al.*, 2008) in rodent models. While clinical trials are ongoing investigating the anti-inflammatory effects of CBD as a monotherapy in disease states such as inflammatory bowel disease and graft versus host disease, its efficacy at preventing the onset of neuropathic pain in humans remains to be determined.

CBD represents a significant improvement in CB-based pharmacotherapy, in that CBD represents a cannabinoid that is regarded as being devoid of psychoactive euphoric effects. Surprisingly, however, a few preclinical studies to date have investigated CBD in reward models (e.g. Parker *et al.*, 2004). Here we demonstrated across a wider range of doses that CBD does not produce a CPP in C57Bl/6 mice using parameters that readily detect the conditioned rewarding properties of the same doses of morphine (Figure 4). CBD does, however, bind to several brain receptors and its anxiolytic and antipsychotic actions have been well characterized in animals and more recently in humans, so it is worth investigating whether CBD produces other CNS effects that would be considered adverse. An important pharmacological effect of CB receptor activation in addition to euphoria that has been extensively studied is disruption of learning and memory processes (see Lichtman *et al.*, 2002 for review). In the present study, we demonstrated that CBD across a wide range of doses did not impair acquisition or retention of an instrumental learning task. Interestingly, others have reported that CBD actually enhances certain types of learning, specifically extinction (Bitencourt *et al.*, 2008) and reconsolidation (Stern *et al.*, 2012). Determination of the effect of a putative anti-CIPN pharmacotherapy on learning and memory is important because cancer chemotherapeutics themselves are associated with a form of cognitive impairment in many cancer patients also known as 'chemofog' or 'chemobrain' (Argyriou *et al.*, 2011). CB agonists are likely to exacerbate these effects, while in contrast CBD should not affect cognition, and may there-

fore prove to be a more tolerable alternative as an adjuvant chemotherapy agent. In fact, as oxidative stress is a leading hypothesis regarding the mechanism underlying chemotherapy-associated cognitive impairment, the ability of CBD to reverse this phenomenon should also be investigated.

Finally, CBD has direct antitumor activity in multiple types of cancer (Massi *et al.*, 2013). We determined that at optimal concentrations, CBD in combination with PAC produces additive to synergistic inhibition of breast cancer cell viability. Our results in breast cancer cells are in agreement with a recent investigation demonstrating CBD could enhance the activity of first-line agents targeting prostate cancer in culture and *in vivo* (Aviello *et al.*, 2012). The doses that prevent PAC-induced allodynia in our model overlap with doses of CBD that attenuate breast cancer metastasis *in vivo* (McAllister *et al.*, 2011). This integrated approach to using CBD to prevent CIPN while directly and indirectly targeting tumour progression makes it a potential valuable therapeutic for the treatment of cancer patients undergoing treatments with first-line agents.

In summary, our data suggest that CBD is protective against PAC-induced neurotoxicity and that this effect is in part mediated by the 5-HT<sub>1A</sub> receptor system. Furthermore, CBD treatment is devoid of other nervous system effects such as conditioned reward or cognitive impairment. CBD also did not attenuate the efficacy of PAC in inhibiting breast cancer cell viability. Taken together, adjunct treatment with CBD during PAC chemotherapy treatment may be safe and effective in the prevention or attenuation of CIPN.

## Acknowledgements

We acknowledge Kristina Pavlenko and Mak Sarich.

## Conflict of interest

There are no conflicts of interest present.

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